



7.osztályosok angol nyelvi versenye 2024/2025

3. forduló

Choose a topic below and create a ppt, sway or if you are not a big fan of technology then a hand-made poster to show your knowledge about the topic you have chosen.

**DIGITAL DETOX CHALLENGE**



Is too much screen time harmful? Investigate how screen time affects mental and physical health. You can track your own screen use for a week, analyze the data, and present solutions to balance online and offline activities. In your presentation include:

- Benefits and drawbacks of screen time
- Tips for a healthier digital lifestyle
- Ideas for fun, non-digital activities

**FOOD WASTE WARRIORS**



How can we reduce food waste?

Research the causes and effects of food waste at home, in schools and in communities. Come up with practical ways to reduce food waste. In your presentation include:

- Facts about food waste globally and locally
- Tips for reducing waste (e.g., meal planning, composting)
- How reducing food waste helps the environment

## KINDNESS CAMPAIGN

How can we make kindness a habit? Discuss the importance of kindness in daily life. Plan and carry out small acts of kindness at school or in the community where you live. In your presentation include:

- Examples of small, meaningful acts of kindness
- Benefits of being kind (e.g., friendships, mental health)
- Reflections on how kindness can create positive changes

